



# RUNNING DOWN THE WALLS

**5K Run, Walk, Roll, Hang**  
**Sunday, September 17, 2023**  
**2-7pm**

**Prospect Park, Brooklyn**  
**Fundraiser for Political Prisoners**  
**\$10 entry (larger donations welcome)**  
**Vegan BBQ to follow**  
hosted by NYC Anarchist Black Cross



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**To make this effort successful, we need YOUR help!**

*Run/walk/bike in the 5k*—we need participants who can run/walk/bike the 5k and are able to collect financial pledges from sponsors to offer as donations to the run.

*Promote the run*—NYC ABC is a small collective and we need help printing and distributing posters and flyers to spaces/events/venues/businesses where they will reach the most folks who are likely to find sponsors & participate in the run.

*Donate to the run/sponsor a participant*—if you are not available to attend, but want to support the fundraising effort, donate online at [venmo.com/nycabc](https://venmo.com/nycabc) or [paypal.me/nycabc](https://paypal.me/nycabc), with the Cash App (**\$NYCABC**), or mail donations to:  
NYC ABC  
Post Office Box 110034  
Brooklyn, New York 11211

Want to participate? Want to help promote? Want to donate?  
Contact us at [nycabc@riseup.net](mailto:nycabc@riseup.net)  
[nycabc.wordpress.com](https://nycabc.wordpress.com)  
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