



To make this effort successful, we need YOUR support!

Run/walk/bike in the 5k—we need participants who can run/walk/bike the 5k and are able to collect financial pledges to offer as donations to the run.

Volunteer for the run—we need folks who are willing to staff a registration/literature table, hand out water, bike the route as street medics, and help chalk the route beforehand.

Donate to the run/sponsor a participant—if you are not available to attend, but want to support the fundraising effort, please mail donations to:
NYC ABC
Post Office Box 110034
Brooklyn, New York 11211

Want to participate? Want to volunteer? Want to donate?
Contact us at nycabc@riseup.net
nycabc.wordpress.com
Facebook, twitter, instagram, snapchat @nycabc
Donate online at [paypal.me/nycabc](https://www.paypal.me/nycabc)

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